



- Key principles of ambulance transport safety
- Ambulance safety research and data
 National and Regional Standards and Guidelines
- How to make your ambulance transport environment safer right now
- Future goals for Ambulance transport safety

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Goals and Learning Objectives

- Educate on the risks to patients, transport and emergency medical service providers and the public from ambulance transport adverse events
- Identify and explore factors related to ambulance crashes and identify potential mechanisms of injury to EMS transport providers, patients and the public and expose safety myths
- Instruct providers on strategies for enhancing transport safety and reducing risk of injury to patients and providers and the public during transport

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Emergency Medical Service Safety

- What are the transport and other safety issues that pertain to this important public service and public safety industry?
- What do we know of the risks and hazards and how can we measure these ?
- How can the safety of this transport system be optimized?

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 What can we learn from and share with our international colleagues

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Who am I?

- Nadine Levick MD, MPH
 Emergency Medicine Physician and Public Health Academic, (USA-Hopkins, Columbia SUNY & Australia – Royal Melbourne, Royal Childrens Hospitals, Royal Australian Flying Doctor Service)
- Chair, National Academies Subcommittee TRB EMS Transport Safety, USA
 Founder of EMS Safety Foundation
- Recipient, International Society of Automotive Engineers, Women's Leadership Award for EMS Safety

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Very Important Principle

Ambulance transport safety is part of a SYSTEM, the overall balance of risk involves the safety of all occupants and the public

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Emergency Medical Services (EMS) An important and unique transport system

 Public safety, public health and emergency service

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Is there to save lives

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The Public Health Paradigm

1. Define the problem

- 2. Measure its magnitude
- 3. Understand the key determinants:
- a. Biologic etiology: host /agent/vector
- b. Environmental & biomechanic influences
- c. Social/behavioral practices of at risk pop.4. Develop intervention/prevention strategies

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- 5. Set policy/priorities
- Implement and evaluate









Absence of standards and oversight

Challenges in identifying best practiceMyriad of unregulated commercial

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- products
- No safety performance standards
- Absent national safety oversight

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EMS Safety Crisis

"The **Chinese** word for **'crisis'** (危機) is made up of the words '**danger**' (危) and '**opportunity**' (機)"

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In a nutshell...

- Understanding of the dangers in Ambulance Transport
- Overview of the opportunities to enhance safety

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EMS Safety timeline

- Didn't know it was an issue 60's-70's
- Knew it was an issue but didn't really know what to do – 80's-90's
- Safety technical data rolls out past 10 years
- Change and adoption challenges we are here now

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Safety Dimensions

 Safe systems – CRM / transport system safety

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- Risk perception
- Fleet and operations management
- Vehicle safety
- Scene safety
- Patient Handling
- Health and wellness

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Data...

- What is your transport safety record in your service?
- How can you improve if you don't have a meaningful measure of safety performance?
- Transport safety is not guesswork, it is a science

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Your electronic Handout awaits you online at...

www.objectivesafety.net

This WILL be FAST!!

























EMS Safety Foundation

- Established in 2008 to fill a gap in – technical knowledge transfer
- practical interdisciplinary R & D
- evaluation and implementation of system safety enhancements for EMS and Medical Transport

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It is a not-for-profit institute

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The EMS Safety Foundation: A practical and functional model

Interdisciplinary and Operational and International

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- Innovation
- Collaboration
- Knowledge transfer

R & D "Ripoff and Duplicate" • Avoid reinventing the wheel at all costs • Where are the best practices that we need to transfer knowledge from





EMS Safety Foundation Ambulance Innovation Workshop and Design Clinic

Session A Vehicle Safety and Occupant Protection Gene Lukianov Session B Hands-on human factors operational safety and task analysis Chris Fitzgerald

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Neonatal transport crash July 10, 2013

- Single vehicle collision, ran off the road
- Clear weather daytime
- No patient on board
- Non emergency
- All occupants wearing seat belts
- No intrusion
- Most other injuries minor
- Doctor killed with closed head injury

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Systems safety of:

- Getting you, your patient and equipment in and out of the vehicle
- Providing patient care inside the vehicle Occupant protection in crash and near miss situations
- Public safety

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Occupant Systems Safety

- Occupant Safety in EMS is driven by both operational and biomechanical systems.
- Systems Safety integrating these two issues is key
- <u>There is interaction of occupants with the</u> system, with each other and with available seating options and vehicle interior, equipment and operational tasks.

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Safety Performance

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- Measurement
- Outcomes
- Technical expertise

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Some new dimensions

- Vehicles smarter, sleeker, safer CHEAPER!
- Operations new technology tools
- Interdisciplinary infrastructure new global platforms

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	Utah Medic to Stand Trial for Th	affic Death
	OGDEN, Utah, July off - The sometingly overlapping state statistics that extangle when an ambulance drive is account of causing a fatal traffic assident will be air out for a 2nd District Court jury.	-1
	Soan Reed Stephene-Applenie is charged with neglige Jounicide in the South more than a year age of a metarist struck by his North Davis Fire Dierrict ambulance.	-
	Arline H. Logan, 88, was killed in the collision July 6, 2022, in the intersection of U.S. 89, and Summer Drive. Located in South Option, it's just east of Option Ragin Medical Contect.	t.
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o-tenths of a of the road,

ies in the crash, ac Irions was taken by air evac to Saint Francis Medical Center in Cape Girardeau, and Shearrer was taken by ambulance to Poplar Blaff Regional Medical Center in Poplar Bluff, Mo., the report said.

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Ju	ne 6, 2013
Georgia EMTs and	Patient Killed in Crash Involving
Semi	
Coffee County EMTs and a t	6-year old patient killed in collision
artistic comments	
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(Thursday, June 6, 2013	
OCILLA, Ga. (AP) - An aminiance -	eth its lights and mittader on a FEATURED IN NEWS
Georgia highway, killing the two med	ics and the Alaine House Vater to Overtide Veto of School





















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e. Avoid Distracted EMSVOs

- 1) Distracted driving is responsible for many MVCs, and EMS agencies should assure that policies reduce the risk of a distracted driving
- a) EMSVOs should not view pagers, cell phone screens, text messages, or mobile data terminals or enter data into GPS devices while an EMS vehicle is in motion.

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A devastating tragedy...

 An ETT down the wrong hole may kill your patient and be a terrible burden for the pts family and for the medic involved

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Negative impact on system performance...

 BUT an EMS crash can kill all those involved AND wipe out a rural EMS system AND negatively impact a regions response capacity......

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Yes, the ride of your life....

- Sure... these vehicles all parade around the EMS and Fire shows BUT...
- NOT ONE of these vehicles has been to the automotive safety shows or scrutinized by the automotive safety industry

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Ambulance Transport Safety

- Emergency care, public heath, public safety, and patient transportation.
- Important Principle: Ambulance transport safety is part of a system, <u>the overall balance of risk</u> <u>involves the safety of all occupants and</u> <u>the public</u>
 All get home safely







- Personnel ~1 million
- (~30% F/T professional & 70% volunteer)
- Vehicles ~80,000 (Type I, Type II, Type III, Freightliners, ?motorcycles)
- Transports ~30 million (to Emergency Depts ~ 50%, < 1/3 emergent)
- Cost ~\$8 Billion annually
- Safety Oversight ? Disparate

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- ~ 80,000 vehicles
- ~ 9,000 crashes a year
- ~ One fatality each week
- $\sim 2/3$ pedestrians or occupants of other car
- ~10 serious injuries each day
- Cost estimates > \$500 million annually

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Savelar, Zisolarnin, Levick, IJ, Miller, Anc. Anal Prev XXXI Magain, Harring, Smith, Levick, Areals Emerg Med Dec 2002 80391; 2003 RBay AM, Kupas DF, Prehosp Emerg Care 2005 Dec: 9217-415 RBay AM, Kupas DF, Prehosp Emerg Care 2005 Dec: 9219-415

EMS Transport General Concerns

- Consequences can be predictable & likely preventable
 Costs of these adverse events are high in loss of life, financial burden and negative impact on delivery of EMS care
 Other high speed vehicles (eg. racing cars) have a different safety paradigm
- different safety paradigm

 Design of interventions to mitigate injury is
- Design of interventions to mitigate injury is predicated on a valid testing model

Complex both engineering and public health issues

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and what is killing EMS ? USA EMS personnel fatalities* • 74% transportation related - 1/5 of ground transport fatalities were struck by moving vehicles • 11% were cardiovascular • 9% were homicide • 4% needle sticks, electrocution, drowning and other * Maguire, Huming, Smith & Levick, Occupational Fatalities in Emergency Medical Services: A Hidden Crisis, Annals of Emergency Medicine, Dec 2002

Medical Services: A Hidden Crisis, Annals of Emergency Medicine, Dec 2002

Very Important Principle Ambulance transport safety is part of a <u>SYSTEM</u>, the overall balance of risk involves the safety of all occupants and the public





Training	effectiveness??
September 28, 2012	
EMT charged with colleague crash Jonathan Cory Brown was the driver of the are trailer, causing an accodent that killed ENT below to path and	's death in ambulance bulance that pulsed in front of a tractor of Styret
HOWOS, N.C ATLC. SHT has been plurged with real mode that label his co-worker on Tuesday.	damaanor daatti afker afkipidli caverig a
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Real world answers to real world questions -

What features will enhance safety of my new vehicle

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- purchase? What color scheme do I want on my vehicle to make it safest?
- Do I need a helmet, and if so which one?
- What policies offer the safest system?
- How do I get my team to address safety issues?
- What data should I collect when something goes wrong, and how to analyze it?



Where is the low hanging fruit?

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2012 EMS Safet	ON RESEARCH BOARD
Strategies and Solu	utions Summit
 One Day event, 30 prese 	ntations
 Held in Washington DC, I 	Keck Center
 Simulcast Live to EMS To 	oday
 Live Webinar Access - global 	obally
 Over 100 participants live 	across 3 continents
 Greater that 10,000 down within the first week!! 	loads of handouts
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Its out there NOW

 TRB 2012 Summit – addressed the key and interdisciplinary applied solutions issues, in one day – please seek that information out. www.objectivesafety.net/TRBSummit2012.htm
 There have been two prior TRB Summits held, 2008, 2009 and both with vehicle engineering and transportation systems technical expertise
 See www.trb.org, and for the Summit archives: www.objectivesafety.net/TRBSummit2008.htm www.objectivesafety.net/TRBSummit2008.htm

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And what is the loading height of your ambulance?? **EMSS**afety

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Summary • New Resources • New Data • New Relationships

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Golden H	our – not so hot
 March 2010 Annals EM 	Interaction of a distribution of the state o
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Golden Hour Summary This study suggests that in our current

out-of hospital and emergency care system time may be less crucial than once thought. Routine lights-and-sirens transport for trauma patients, with its inherent risks, may not be warranted. [Ann Emerg Med. 2010;55:247-248.]

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GAO findi	ngs
 Transports for all Medicare beneficiaries grew 33% 200 Transports nationwide grew areas (41%) relative to urba 59% increase in basic life so nonemergency transports 	fee-for-service 14 to 2010 7 most in super-rural an & rural areas upport (BLS)
BLS nonemergency transpo areas grew the most—by 82	orts in super-rural 2%
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ear	Payroll	Modified Premium	Incurred Indemnity	Incurred Medical	Total Claims
	\$million	\$1,000	\$1,000	\$1,000	
003	14.1	540	885	9,925	93
002	12.6	547	266	255	78
2001	11.3	454	88	128	55
2000	10.6	420	63	194	89
999	10.1	405	115	117	56
998	9.6	411	13	30	51





And very Predictable...

Intersections are lethal environments

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Transport performance

- Driver training?
- Real time safety performance outcomes?

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What about changing driver behavior in the real world??

- AN OPTIMAL SOLUTION FOR ENHANCING AMBULANCE SAFETY: IMPLEMENTING A DRIVER PERFORMANCE FEEDBACK AND MONITORING DEVICE IN GROUND EMERGENCY MEDICAL SERVICE VEHICLES
- Nadine R. Levick, MD, MPH Maimonides Medical Center
- REAL WORLD APPLICATION OF AN AFTERMARKET DRIVER HUMAN FACTORS REAL TIME AL DITORY MONITORING AND FEEDBACK DEVICE: AN EMIR REACT SURVICE PERSPECTIVE. Numer Link Observe sing LDC

Larry Wiersch Michael E, Nagel Cetronia Ambutance United States of Americ Paper Namber (0):0254

Invehicle technologies to enhance transport safety

 Aftermarket in vehicle electronic e-safety devices with monitoring and feedback

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Creating a Safety	y Culture
within a company safety must has support of upper management	ve leadership and
AwarenessTrainingIncentive	
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Key elements to transport safety policies

- Vehicle/Fleet Safety
- Occupant protection
- Driver performance monitoring and feedback

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- Hours of service
- Driver/provider wellness and fitness
- Driver/provider impairment

Public safety

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What MUST we do?

- We MUST stop pretending that this is not an automotive safety occupant protection impact engineering issue
- We MUST stop writing 'consensus' policies on disciplines we are not trained in
- We MUST reach out to the technical experts in this field

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We MUST engage the existing technical and safety transport arenas with EMS transport

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Which of these two vehicles would you want? Sprinter v Ford Transit crash test





Safety concepts out there now **EMSSafety** Driver feedback technologies Tiered dispatch Enhanced ambulance vehicle design **EMS Safety Foundation** Intelligent Transport Technologies – ITS **Rettmobil 2013 Delegation's** New platforms for interdisciplinary exchange

New Safety Standards

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Special Participants





So What is RETTmobil??

RETTmobil is -

- A major European Emergency Rescue Congress, Trade show and Symposium
- Held in Fulda, GermanyEstablished in 2001
- Established in 2001
 Attended by 20,000 ett
- Attended by ~ 20,000 attendeesBrainchild of Prof Peter Sefrin
- Over 460 exhibitors, 19 Countries!

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Mission

This is a team of like minded innovators across EMS Medical Transport and a number of technical disciplines, who share the common mission of enhancing the safety of EMS delivery for all involved by promoting and advancing EMS safety innovation, collaboration, research, knowledge transfer, education and safety information dissemination

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In a nutshell

- EMS Safety Foundation is a not-for-profit multidisciplinary virtual think – tank and test bed for safety innovation and knowledge transfer
- It is a virtual network integrating the end users and the technical experts
- A tool to enhance the safety of delivery of EMS services

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- Innovation
- Collaboration
- Knowledge transfer

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The newest Oslo Ambulance



Based on technically sound scientific principles



















































Ambulance Sparing In almost ¼ (23.5%) of all motorcycle missions ambulance use was avoided!

Nakstad AR, Bjelland B, Sandberg M. Medical emergency motorcycle – is it useful in a Sandinavia Emergency Medical Service? Scand J Trauma Resusc Emerg Med. 2009 17(1):9 ENSSafety

ESC – Does your ambulance have it??

- ESC helps drivers stay in control when they need to swerve or brake suddenly to avoid an obstacle or turn corners on slippery roads.
- Vehicles equipped with ESC are involved in fewer severe collisions caused by loss of control, resulting in significantly fewer deaths and injuries

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Areas of need

- Crashworthy vehicles
- Improvement in use of occupant restraint systems
- Improvement in use of equipment restraint systems
- Policies to minimize transport risks

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What do we know now??

- Intersection crashes are the most lethal
 There are decumented bazards, some which es
- There are documented hazards, some which can be avoided
- Occupant restraint with standard belts is effective.
 (Over the shoulder belts for patients, with the gurney in the upright position where medically feasible)
- upright position where medically feasible)All equipment should be locked down
- Some vehicle design features are beneficial automotive grade padding in head strike areas, seats that can slide toward the patient

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- Head protection??
- Electronic Driver monitoring/feedback systems appear to be highly effective

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Very Important Principle

Ambulance transport safety is part of a <u>SYSTEM</u>, the overall balance of risk involves the safety of all occupants and the public

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Caution!!!

- Just because it has been '<u>Tested</u>' does not necessarily mean it has been crash tested – nor that it is crashworthy and/or going to protect you
- Even if it has been <u>'Crash tested</u>' it depends upon to which standard, whether or not it is actually safe under real world crash conditions
- Appropriate technical expertise is key!!

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Technical Collaboration is key

- We are NOT the experts in this science
- We cannot afford to play the silo game here, it is costing lives, time and money
- We MUST have a meaningful evidenced based approach to design, operations and policy

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We must be outcomes driven





So....

- Which vehicle do you want to be in ?
- Which vehicle is the best for efficient, and effective patient care?
- Which vehicle provides optimal risk management ?
- What is the optimal fleet mix?

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What do we know works...

- Tiered dispatch
- Vehicle Operations Safety Policies
- Ideally, forward and rear facing seating
- If not, use squad bench lap seat belts
- Patient over the shoulder belts
- Securing equipment
- Fleet management electronic technical devices

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Safety awareness

Cultural change

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Risk/Hazards

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- Predictable risks
- Predictable fatal injuries
- Serious occupational hazard
- Public safety hazards

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Goals

- Standards for safety
- Policy based on Science
- Databases to demonstrate outcome
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Conclusion

 EMS transport has serious hazards and safety issues
 Major advances in EMS safety research, infrastructure and practice over the past 5 years
 Development of substantive EMS safety standards is a necessity and a reality
 Multidisciplinary safety issue that EMS cannot solve internally
 Failure to transfer knowledge from transportation and automotive safety is unacceptable and dangerous
 EMS is still way behind the state of the art in vehicle, transportation and occupational safety

And....

 It is no longer acceptable for EMS to be functioning outside of transportation, automotive and PPE safety standards for prevention of and protection of EMS providers and the public from injury and death

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