

The Cutting Edge of Innovation in EMS Safety better, safer AND cheaper

Nadine Levick, MD MPH Research Director, EMS Safety Foundation CEO, Objective Safety, New York, USA Chair, TRB, EMS Subcommittee, National Academies



#### Who am I?

- ▶ Nadine Levick MD, MPH
- ▶ Emergency Medicine Physician and Public Health Academic, (USA-Hopkins, Columbia SUNY, Montefiore & Australia – Royal Melbourne, Royal Childrens Hospitals, Royal Australian Flying Doctor Service)
- ► Chair, National Academies Subcommittee TRB EMS Transport Safety, USA
- ► Founder of EMS Safety Foundation
- Recipient, International Society of Automotive Engineers, Women's Leadership Award for EMS Safety



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#### **EMS Safety Crisis**

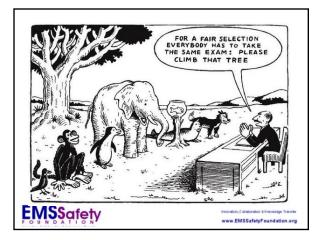
"The **Chinese** word for **'crisis'** (危機) is made up of the words '**danger**' (危) and '**opportunity**' (機)"



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www.objectivesafety.net

This WILL be FAST!!

No need to take any notes – all text slides will be awaiting you in your online Handout

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He sure did not expect to be in that situation when he started his shift that day



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#### **EMS Safety timeline**

- Didn't know it was an issue 60's-70's
- Knew it was an issue but didn't really know what to do – 80's-90's
- Safety technical data rolls out past 10 vears
- Change and adoption challenges we are here now

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#### **A System of Safety**

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## Loss Prevention is a key goal here

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#### **Very Important Principle**

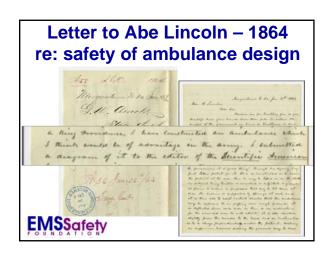
Ambulance transport safety is part of a SYSTEM, the overall balance of risk involves the safety of all occupants and the public

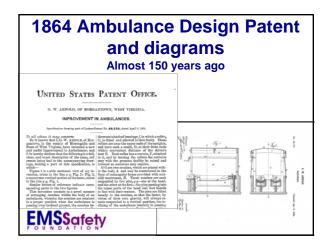
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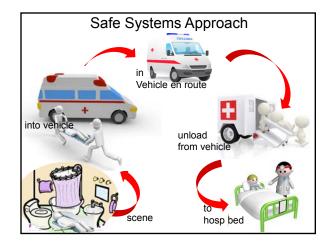






#### **Systems safety of:** Dispatching a vehicle Getting you, your patient and equipment to, in and out of the vehicle Providing patient care inside the vehicle Occupant protection in crash and near miss situations Public safety **EMSS**afety

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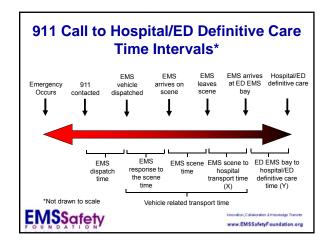
#### **System Design Constraints** Do the clinical work that is required and essential Not get hurt or killed Not hurt or kill anyone else So... Clinical need Human tolerance of injury **EMSS**afety www.EMSSafetyFoundation.org

### Real world answers to real world questions -

- What features will enhance safety of my new vehicle purchase?
- What color scheme do I want on my vehicle to make it safest?
- Do I need a helmet, and if so which one?
- What policies offer the safest system?
- How do I get my team to address safety issues?
- What data should I collect when something goes wrong, and how to analyze it?

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#### **Ambulance Transport Safety IS Complex AND Multidisciplinary** Epidemiological Public Risk Public Data Collection Education Management Safety Biomechanical Transport Automotive Safety Occupant protection/ crashworthiness Personal Protective Ergonomic Research Equipment Biohazard/Chem Research Training Communications Fleet Safety Regulations and Safety technology Program Standards **EMSS**afety www.EMSSafetyFoundation.org



#### Safety is a tool to save

- Lives
- Time
- Money

must be evidenced based

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# In the USA there are more safety standards for moving cattle than for moving patients

## Absence of standards and oversight

- Challenges in identifying best practice
- Myriad of unregulated commercial products
- No safety performance standards
- Absent national safety oversight

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#### **Safety Performance**

- Measurement
- Outcomes
- Technical expertise

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- What we need to consider, where is the 'bang for buck' in ambulance transport safety
- Where is the low hanging fruit?

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#### **Safety Dimensions**

- Safe systems CRM / transport system safety
- Risk perception
- Fleet and operations management
- Vehicle design safety
- Scene safety
- Patient Handling
- Health and wellness

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#### Some new aspects

- Vehicles smarter, sleeker, safer CHEAPER!
- Operations new technology tools
- Interdisciplinary infrastructure new global platforms

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#### Data...

- What is your transport safety record in your service?
- How can you improve if you don't have a meaningful measure of safety performance?
- Transport safety is not guesswork, it is a science

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#### **Safer Better Cheaper is NOW**

- What are the practices that are costing us
- How to identify optimal safety improvements
- How to facilitate the integration of new safer practices

Sure a Culture of Safety, but the road map to get there is the key

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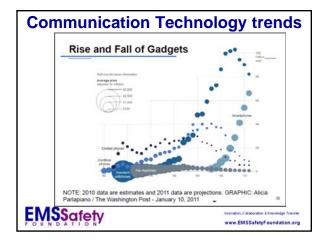
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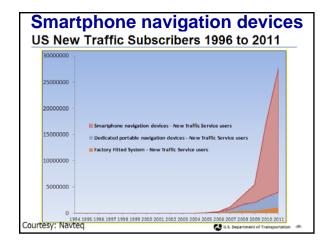
#### Safety concepts out there now

- Wireless physiological sensors
- Driver feedback technologies
- Tiered dispatch
- Enhanced ambulance vehicle design
- Intelligent Transport Technologies ITS
- New platforms for interdisciplinary exchange
- New Safety Standards

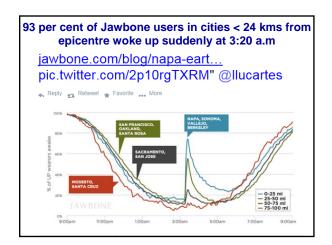
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## A lot is now possible and for less!

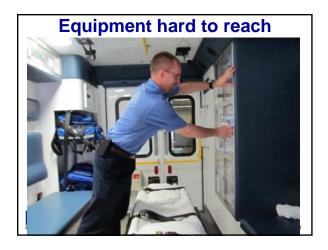
- Driver behavior
- Vehicle behavior
- Roadside ITS
- Fuel consumption/Economics
- Resource modeling



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#### When is it safe to do what...?

- What are your policies???
  - If your patient is pink, warm and talking?
  - Are you required to notify the driver if you are out of your seat belt?
  - Are 'routine procedures' putting you at risk?

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## What is a safe speed and how do we identify that?



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There are now places to turn for independent safety technical info and resources

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 How can we translate global interdisciplinary best practice initiatives to North American EMS

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TRANSPORTATION RESEARCH BOARD OF THE NATIONAL ACADEMIES

#### 2012 EMS Safety Systems, Strategies and Solutions Summit

- One Day event, 30 presentations
- Held in Washington DC, Keck Center
- Simulcast Live to EMS Today
- Live Webinar Access globally
- Over 100 participants live across 3 continents
- Greater that 10,000 downloads of handouts within the first week!!



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## Safety Systems, Strategies and Solutions Summit Feb 2012

- ~50 onsite lead representatives
- Live online participation with international representation
- 7 focus areas and a panel
- >120,000 downloads of presentation handouts
- Multi-Media 'e-document' with QR tags

You tube overview

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## TRB EMS Safety Systems Strategies and Solutions Summit Session 1



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#### Its out there NOW

- TRB 2012 Summit addressed the key and interdisciplinary applied solutions issues, in one day – please seek that information out. www.objectivesafety.net/TRBSummit2012.htm
- There have been two prior TRB Summits held, 2008, 2009 and both with vehicle engineering and transportation systems technical expertise
- See <u>www.trb.org</u>, and for the Summit archives: <u>www.objectivesafety.net/TRBSummit2008.htm</u> www.objectivesafety.net/TRBSummit2009.htm

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# Your TRB EMS Safety Systems Strategies and Solutions Summit Multimedia Document

http://www.emssafetyfoundation.org/2012TRB SummitMultimediawithLinksBW.pdf



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#### **Typical EMS Safety Foundation Webinar agenda**

- Montreal IIE 2014 lessons learnt
- SETONP white paper
- INDEM0 1.0 and 2.0
- New Tech task force
- Safety Road Map project
- Applied design solutions
- Google Glass and EMS
- ASTM 1517
- OSHA Emergency Responder safety meeting
- JNEMSLF and U.S. Bureau of Labor Statistics
- The EMS and Highway Safety Connection: New Website
- Evidence-Based Guidelines for Prehospital Care Published
- FICEMS 2014 Strategic Plan
- Rettmobil update
- Rettmobil LIVE! 2014 Recorded Webinar

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#### **EMS Safety Foundation**

- Established in 2008 to fill a gap in
  - technical knowledge transfer
  - practical interdisciplinary R & D
  - evaluation and implementation of system safety enhancements for EMS and Medical Transport
- It is a not-for-profit institute

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# The EMS Safety Foundation: A practical and functional model

Interdisciplinary and Operational and International

- Innovation
- Collaboration
- Knowledge transfer

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## R & D "Ripoff and Duplicate"

- Avoid reinventing the wheel at all costs
- Where are the best practices that we need to transfer knowledge from

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#### **Mission**

This is a team of like minded innovators across EMS Medical Transport and a number of technical disciplines, who share the common mission of enhancing the safety of EMS delivery for all involved by promoting and advancing EMS safety innovation, collaboration, research, knowledge transfer, education and safety information dissemination

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#### In a nutshell

- EMS Safety Foundation is a not-for-profit multidisciplinary virtual think – tank and test bed for safety innovation and knowledge transfer
- It is a virtual network integrating the end users and the technical experts
- A tool to enhance the safety of delivery of EMS services

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#### World Expo/EMS Safety Foundation 2012 and 2013 Safety Innovation Awards

- 12 product winners
- 4-5 special mentions
- Criteria
  - Safety Innovation
  - Practical/Usability
  - Cost Efficiency



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# EMS Safety Foundation Ambulance Innovation Workshop and Design Clinic

Session A
Vehicle Safety and Occupant Protection
Gene Lukianov
Session B
Hands-on human factors operational safety and task analysis
Chris Fitzgerald



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#### **Safety Road Map**

- Not just a conceptual model
- Must have tangible steps
- Must be systems focused
- Measurable elements
- Immediate, short, medium and long term goals
- Reward and recognition driven

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## Rules/Policies Addressing Known Hazards

- Federal Motor Carrier Safety Administration (FMCSA)
  - -Cell phone use November 2011
  - -Hours of Service December 2011

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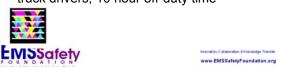






#### **DOT HOS Rules**

- Limits established for on-duty hours
- Establishes minimum levels of off-duty time-8 hours if on duty less than 12 hours FRA or if over 12 hours then 10 hour off-duty time
- Commercial airline pilot can fly up to 100 hrs/month
- Adopts 60/70 hour weekly maximum for truck drivers, 10 hour off-duty time



#### **Fleet Management technologies**

- ACETech/Ferno
- FleetEyes Intermedix
- Zoll rescuenet and roadsafety fleet management systems
- Marvlis
- Telematicus
- Optima
- Northrop Grumman



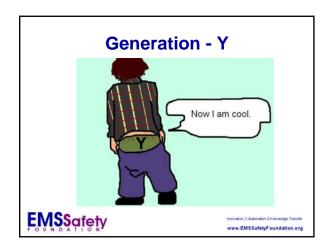


#### What do we know works...

- Vehicle Operations Safety Policies
- Squad bench lap seat belts
- Patient over the shoulder belts
- Securing equipment
- Forward and rear facing seating
- Some electronic technical devices
- Safety awareness
- Cultural change



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#### Yes, the ride of your life....

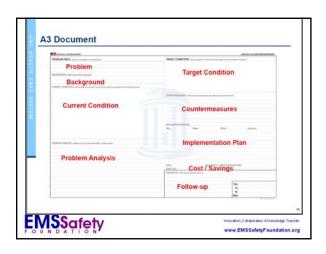
- Sure... these vehicles all parade around the EMS and Fire shows
   BUT...
- NOT ONE of these vehicles has been to the automotive safety shows or scrutinized by the automotive safety industry



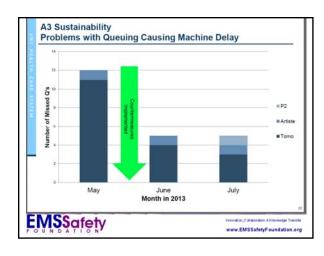


































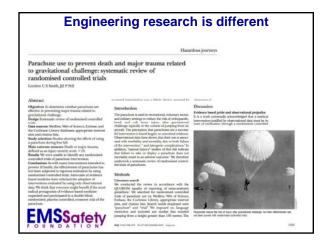


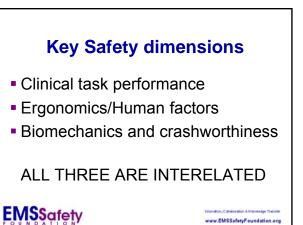






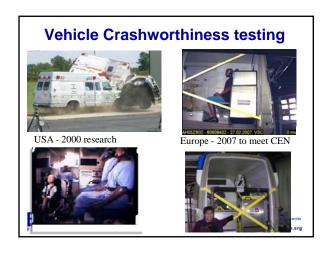


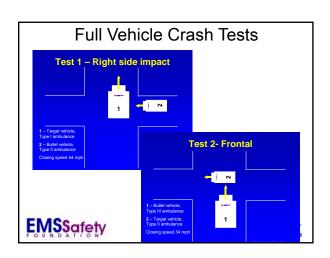




















### A few key words about restraint systems...



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## Beware some provider restraint systems are dangerous



Side facing 4-point harnesses demonstrated to be lethal, even at slow ground vehicle speeds

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#### **Innovation**

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#### **Leadership and Innovation**

"Being responsible sometimes means pissing people off... By procrastinating on the difficult choices, by trying not to get anyone mad, and by treating everyone equally "nicely" regardless of their contributions, you'll simply ensure that the only people you'll wind up angering are the most creative and productive people in the organization."

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A Leadership Primer from General (Ret.) Colin Powell, Former Secretary of State, USA

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## New Technologies, Innovation and You!

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#### **Technical Collaboration is key**

- We are NOT the experts in this science
- We cannot afford to play the silo game here, it is costing lives, time and money
- We MUST have a meaningful evidenced based approach to design, operations and policy
- We must be outcomes driven

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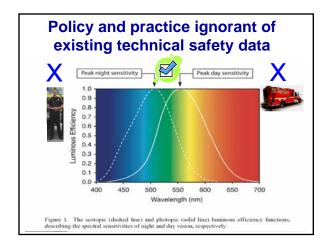
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# And what is the loading height of your ambulance?? EMSSafety www.EMSSafety www.EMSSafetyFoundation.org











## this vehicle is safety crash tested by automotive experts **EMSS**afety www.EMSSafetyFoundation.org



#### So....

- Which vehicle do you want to be in ?
- Which vehicle is the best for efficient. and effective patient care?
- Which vehicle provides optimal risk management?
- What is the optimal fleet mix?

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#### **Spectrum of dimensions**

- Vehicle design innovation
- CAD
- Resource allocation
- Fleet performance
  - Monitoring: System that gives management data of vehicle efficiency and use
  - Feedback: Directly to drivers at the wheel
- Public Alerts

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#### **Fleet Management technologies**

- FleetEyes Intermedix
- ACETech/Ferno
- Zoll rescuenet and roadsafety fleet management systems
- Drivecam
- Marvlis
- Telematicus
- Optima
- Northrop Grumman





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#### **Telematics**

How much technology and data and of what type do you need to improve fleet safety performance

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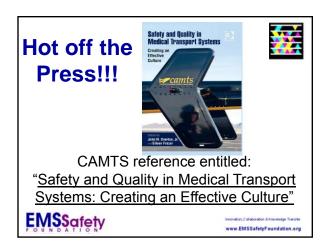
















# Newly Revised ANSI/ASSE Z15.1-2012 Standard is now available. • ANSI/ASSE Z15.1-2012 Revised Standard is now available. "Safe Practices for Motor Vehicle Operations" • These practices are designed for use by those having the responsibility for the administration and operation of motor vehicles as a part of organizational operations. EMSSafety



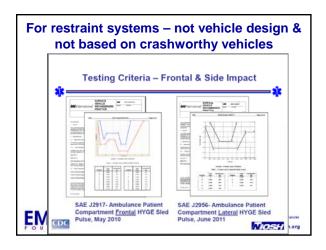
#### What Z15 encompasses

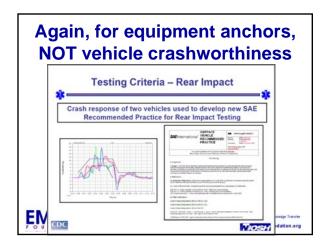
- Safety Program
- Safety Policy
- Responsibilities and Accountabilities
- Driver Recruitment, Selection and Assessment
- Organizational Safety Rules
- Orientation and Training
- Reporting Rates and Major Incidents to Executives
- Oversight



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#### International approaches

 European, non-north American vehicles have NO squad bench nor after market structural vehicle modifications that can potentially decrease crashworthiness integrity



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#### **RETTmobil is -**

- A major European Emergency Rescue Congress, Trade show and Symposium
- Held in Fulda, Germany
- Established in 2001
- Attended by ~ 25,000 attendees
- Brainchild of Prof Peter Sefrin
- Over 500 exhibitors, >20 Countries!

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#### Prof. Dr. Peter Sefrin

- Prof. Dr. med. Peter Sefrin
- Chief Physician of German Fire Services Association, Würzburg Germany
- Founder of RETTmobil



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## Challenges of change – even if it makes sense

 Innovation demonstration model, INDEMO 1.0, a new knowledge transfer tool

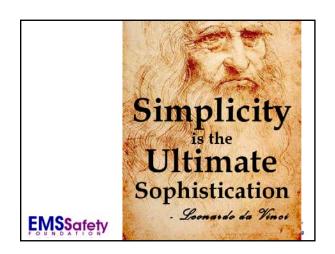
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### Ambulance Safety Innovation Design Module 1.0

www.INDEMO.info





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www.INDEMO.info





## Innovation Design Module (INDEMO) 1.0

- A full scale interactive physical model
- change in ambulance design based on technically sound automotive and ergonomic science
- improvement potential could be developed, visualized, demonstrated and evaluated.

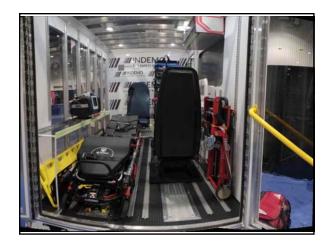
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## EMS Safety Foundation's new demonstration Project: Ambulance Safety INDEMO 1.0

- Designs so that you can do your work with optimum safety and efficiency.
- Based on state of the art science, practice and input from the world's leading experts in automotive safety and human factors.
- Designs that are cheaper, better, safer.

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innovation, Callaboration & Knowledge Transfer www.EMSSafetyFoundation.org This project focused on system of safety as a central part of the operational process, not a parallel aspect. Vehicle dimension selection was based on automotive safety testing parameters, the interior layout based on integrating pilot task analyses with a range of ergonomic technical data across a spectrum from seating to reach parameters and across body size range.



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#### youtube video ww.youtube.com

http://www.youtube.com/watch? v=q0kPYOzgNyQ&feature=c4overview&list=UUQj31V\_yV1cvd uWyBETc80w

taken as we were getting set up at EMS Expo



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#### **EMS World Expo**

- 84,771 downloads of 2012's presentation <u>http://www.emssafetyfoundation.org/2012EMSExpoNewOrleansHO.pdf</u>
- Strategies and Solutions for Ambulance Transport Safety Systems

Sep 10 2013 - Handout:

http://www.objectivesafety.net/2013EXPOLasVegasHO.pdf

How to Design Your Next Ambulance Sep 11 2013 - Handout

http://www.objectivesafety.net/2013EXPODesignHO.pdf

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#### Take homes

- Technical info is key
- Invaluable info from EMS Safety Foundation
- Basic principles
  - Forward and rear facing
  - Remaining seat belted
- Design work areas around people

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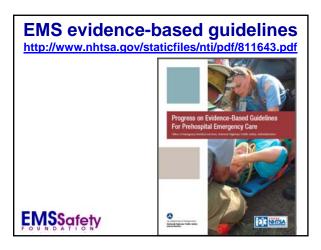














#### **Science behind Policy**

"For successful technology, reality must take precedence over public relations, for Nature cannot be fooled."

Richard P. Feynman 1988

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- Innovation
- Collaboration
- Knowledge transfer

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#### Conclusion

- EMS has serious hazards and safety issues
- Major advances in EMS safety research, infrastructure and practice over the past 5 years
- New technologies for vehicle design, occupant PPE and equipment restraint, driver performance and fleet management are now available
- Development of substantive EMS safety standards is a necessity and a reality
- Failure to transfer knowledge from transportation and automotive safety is unacceptable and dangerous
- EMS is still way behind the state of the art in vehicle safety and occupant protection

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#### And....

It is no longer acceptable for EMS to be functioning outside of automotive safety and PPE safety standards for prevention of and protection of EMS providers and the public from injury and death



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#### **Key dimensions**

- 1) safety must be inherent to operational process design
- 2) engagement of appropriate interdisciplinary expertise in systems design and safety analysis is essential
- 3) an understanding of the complex interplay between patient, provider and public safety from a systems perspective and culture is key to addressing effective and safe operational EMS performance.

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